



# THE WHEEL OF LIFE

ANCIENT WISDOM FOR TODAY'S LIFE

**Reconnect to nature and slow down**

**Deepen your connection to your inner wisdom through ancient wisdom traditions**

**Connect with others on this shared journey to build joyful community**

**Learn practical tools to transform the way you design your life**

## The program is for people who:

- Seek balance and inspiration in their lives
- Want to reconnect to their inner self and to nature
- Want to live their fullest potential
- Want to experience the power and magic of an old wisdom tradition
- Want to learn practical tools for living in balance and harmony with themselves and others

**THE REAL VOYAGE OF DISCOVERY  
CONSISTS NOT IN SEEKING NEW  
LANDSCAPES, BUT IN HAVING  
NEW EYES.**

**MARCEL PROUST**





## **We will reconnect to nature and slow down.**

When was the last time you were out in nature with time to open up your senses and observe the beauty around you?

Reconnecting to nature and stepping back from your busy life allows your mind to become still and creates space for reflection and something new to emerge.

## **We will deepen our connections to our inner wisdom through ancient wisdom traditions.**

Are you really inspired by what you do, or do you have the feeling there's more to living a purposeful life?

Building on thousands of years of indigenous wisdom about life and human nature, access the joy of living a full and balanced life.



## **We will connect with others on this shared journey to build joyful community.**

Aside from business meetings, when was the last time you enjoyed a meaningful conversation?

Join our circle of fellow people to share stories and connect through laughter-filled, meaningful conversations.



## **We will learn practical tools to transform the way we design our lives.**

What are your tools and practices to center yourself and connect to your inner sources of energy?

Experience practical tools to awaken the eight intelligences that can transform your life

# ORGANISATIONAL DETAILS

This retreat will be held from  
May **26-28, 2021**  
at OSMA Leadership Academy at Krk, Croatia

Price per participant: 970 Euro  
(the price includes meals and lodging, excl. VAT)

for more details please email us - [info@osma.si](mailto:info@osma.si)  
or visit our website - [osma.si](http://osma.si)

Your guide:  
Dr. Michael Paula



# ABOUT ME

Dr. Michael Paula



Born and grown up in Vienna, Austria, the first few years of my professional life have been pretty conventional. After studying industrial engineering, I started working as an assistant professor at the Vienna University of Technology. Afterwards I worked in leading positions in large international organisations for more than fifteen years. In 2001, I took the step into self-employment as a consultant and coach and focused my work on creativity, leadership and personal development.

During my almost seven years of training with the Ehama Institute (New Mexico) I was able to gain deep insights into the ancient wisdom teachings of the Native Americans and also learned about the power of ancient designs and tools necessary for personal development in today's world, based on a profound change of consciousness. More than ever, it is my passion to integrate this ancient earth wisdom into my work and to support people in doing so, to discover their purpose and live in harmony with themselves, with others and with nature.

I am a husband, father of two children and grandfather of two grandchildren. I live with my family near Vienna and close to nature.