

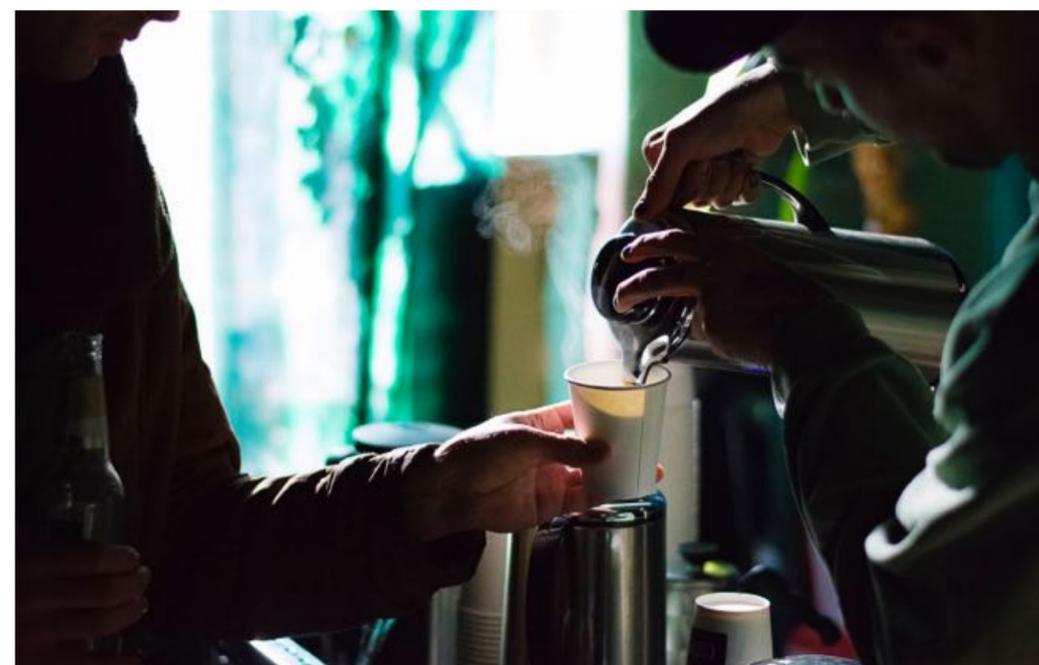


**100YRS Decelerator:  
Path to Purpose**  
Austrian Alps, Feb 16-20, 2020

We choose to decelerate while the world around us accelerates, because we know we need to allow ourselves to sync with the rhythm of nature to connect more deeply to our true selves.

While each of us has a different path to purpose—and we will each walk it in our way—we share the need to turn down the volume on the outside world in order to listen more deeply to our inner voice.

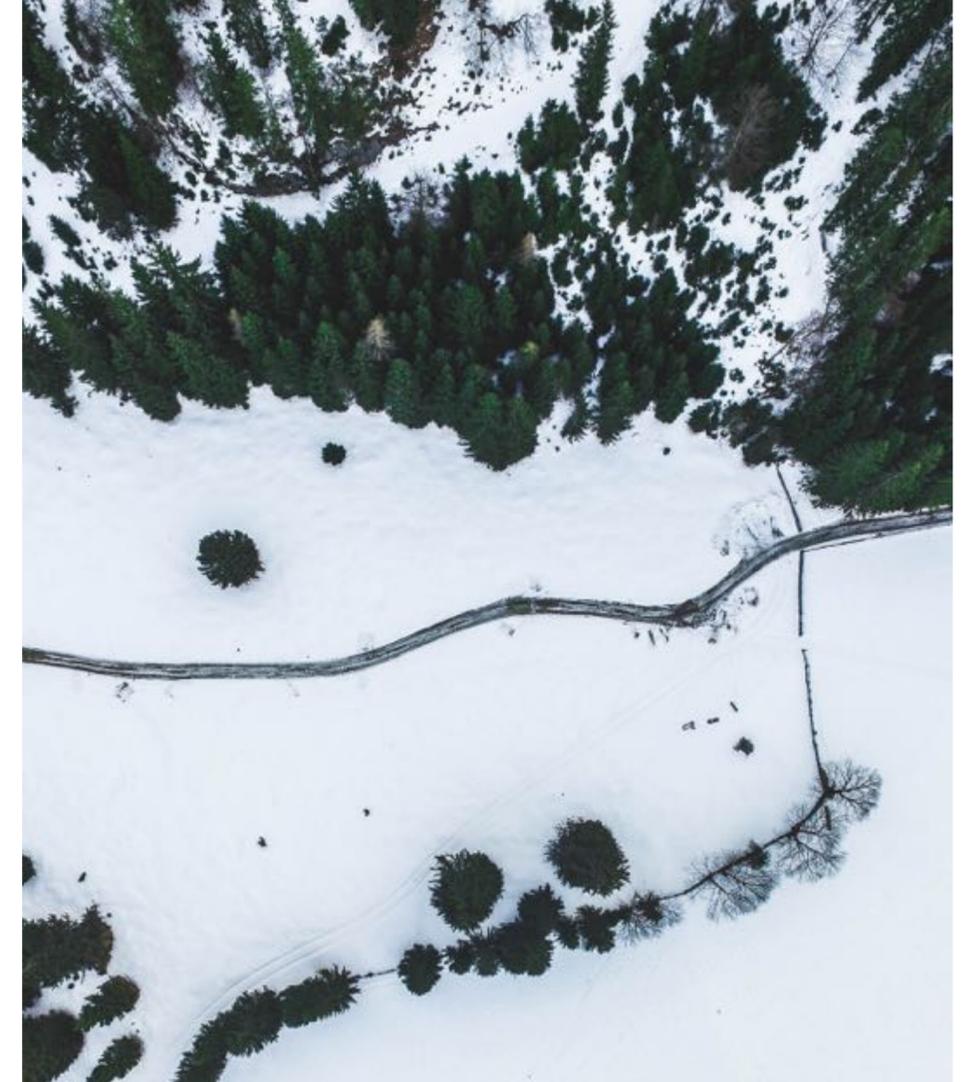
We're gathering like-minded men for a weekend in the Austrian Alps to slow down, connect to our individual purpose, and share the journey with each other.



**We will reconnect to nature and slow down.**

**When was the last time you were out in nature with time to open up your senses and observe the beauty around you?**

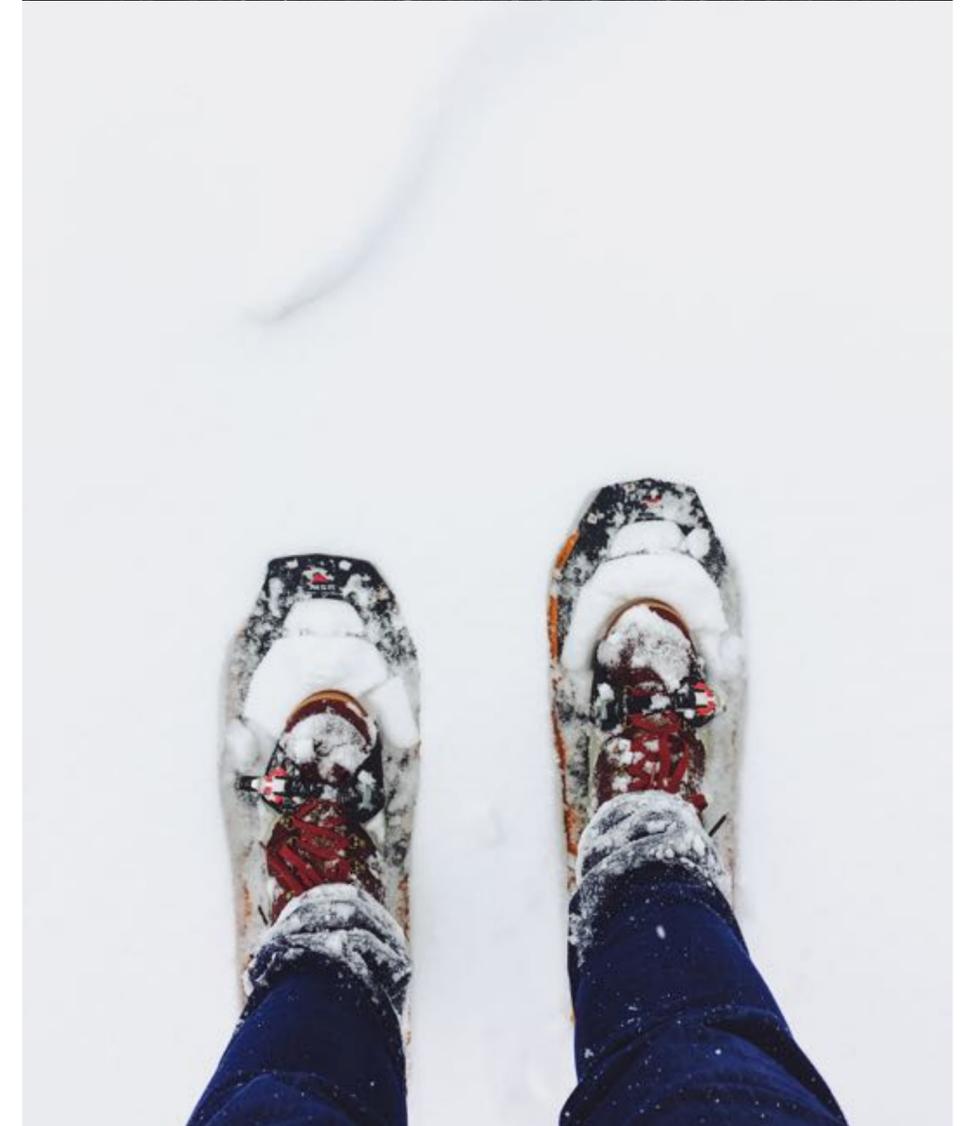
**Reconnecting to nature and stepping back from your busy life allows your mind to become still and creates space for reflection and something new to emerge.**



**We will deepen our connections to our individual purpose through ancient wisdom traditions.**

**Are you really inspired by what you do, or do you have the feeling there's more to living a purposeful life?**

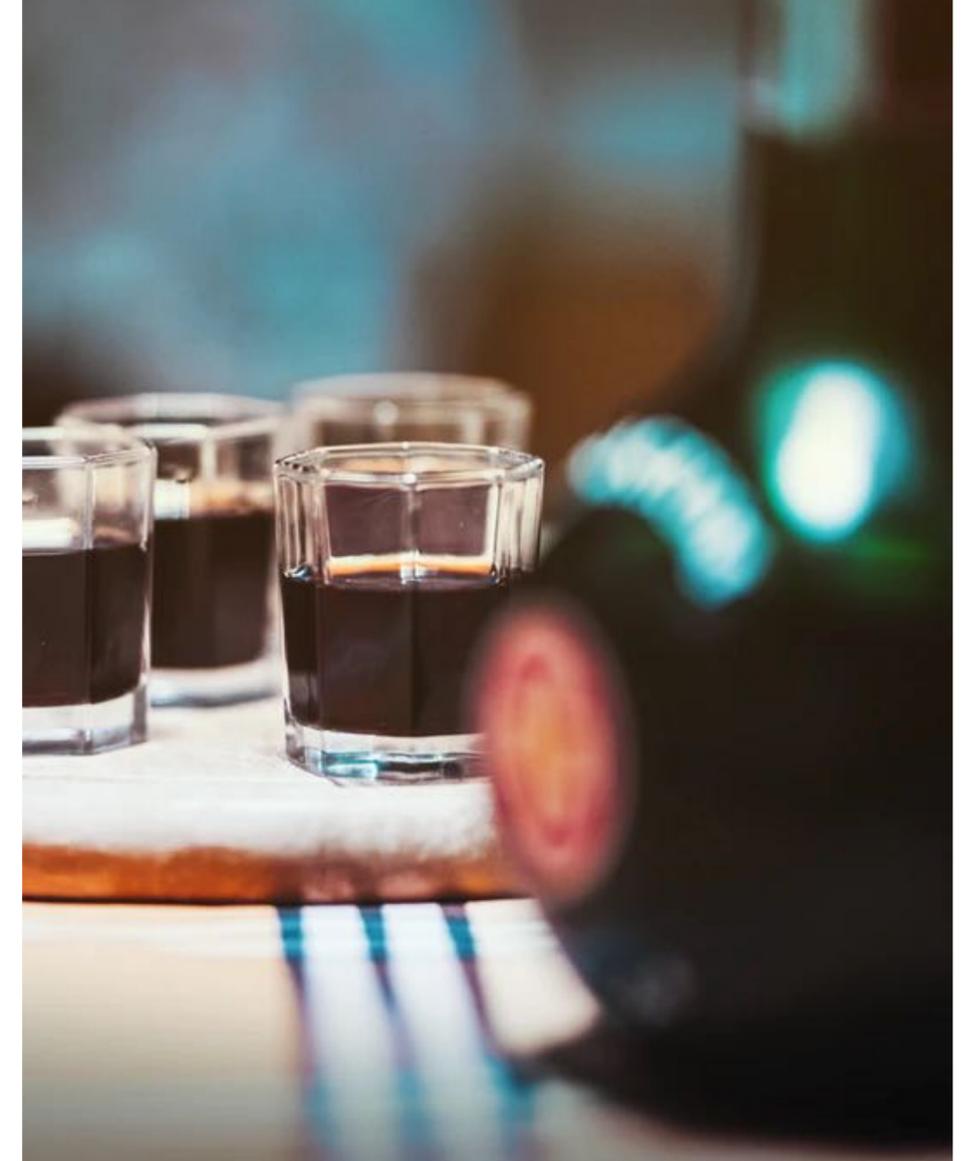
**Building on thousands of years of indigenous wisdom about life and the role of human beings, reflect on your life journey and reconnect with your purpose.**



**We will connect with other men on this shared journey to build joyful community.**

**Aside from business meetings, when was the last time you enjoyed a meaningful conversation?**

**Join our circle of fellow men around a warm fire to share stories and connect through laughter-filled, meaningful conversations.**



**We will learn practical tools to transform the way we design our lives.**

**What are your tools and practices to center yourself and connect to your inner sources of energy?**

**Experience practical tools to awaken the eight intelligences that can transform your life.**



**RSVP: [decelerator@100yea.rs](mailto:decelerator@100yea.rs)**

Reconnect to nature and slow down

Deepen your connection to your purpose through ancient wisdom traditions

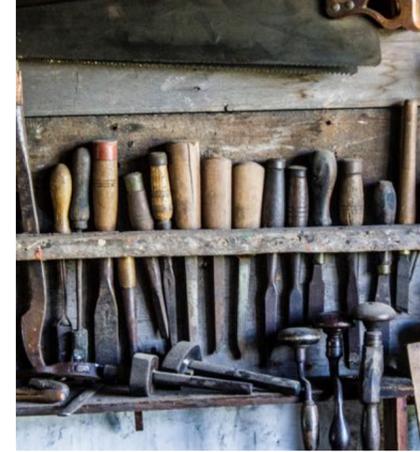
Connect with other men on this shared journey to build joyful community

Learn practical tools to transform the way you design your life

*Cost €1,685*

*This gathering is offered as a prototype at a reduced cost. Includes hotel and all meals from dinner Sunday to breakfast Thursday. Price based on single occupancy. Travel and alcohol not included.*

*For more details, questions or to RSVP, email [decelerator@100yea.rs](mailto:decelerator@100yea.rs)*



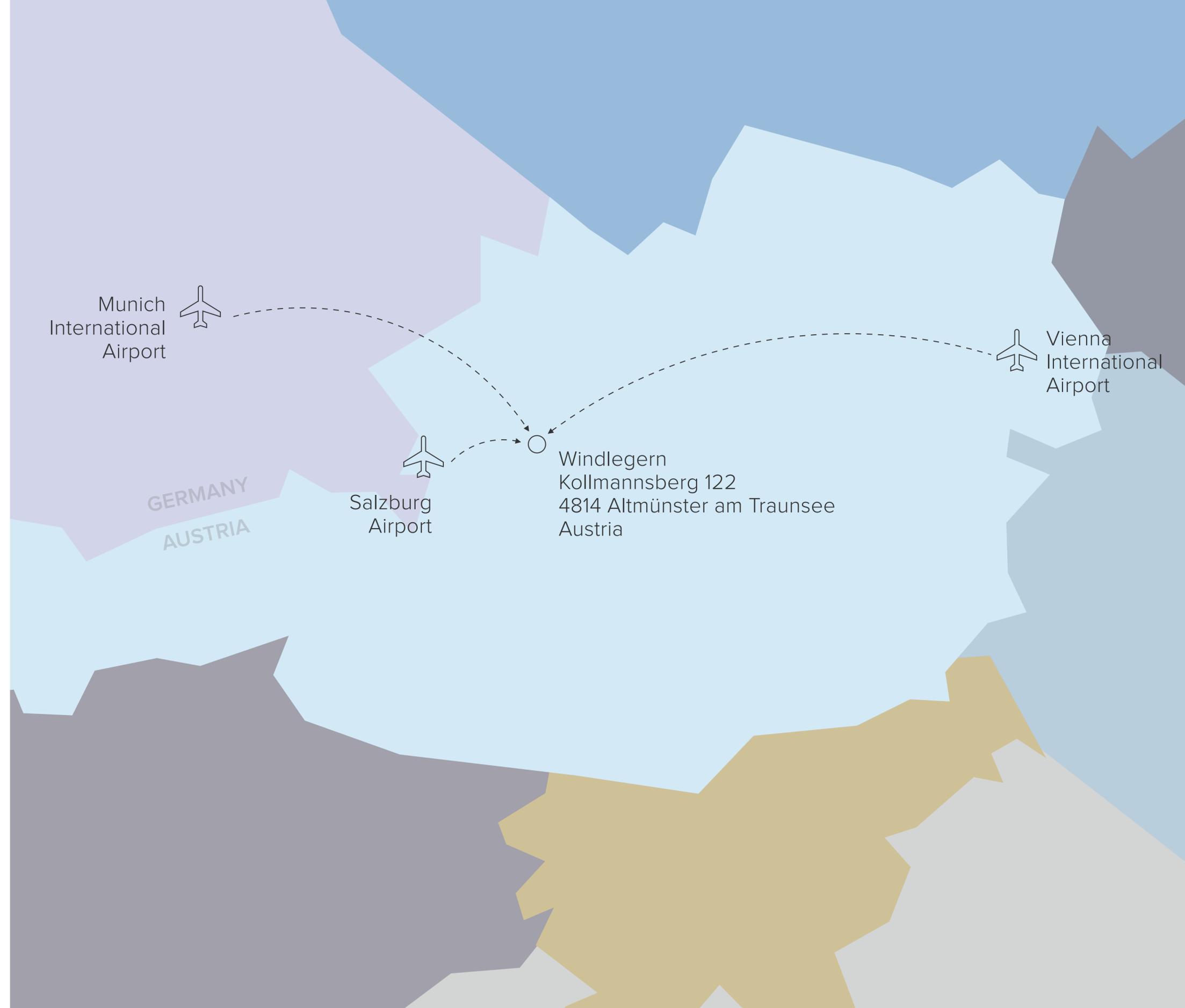
## TRAVEL DETAILS

Arrive to the *Windlegern* by Sunday February 16th, 2pm and plan to depart Thursday February 20th, in the morning.

For international travel plan to fly into Munich or Vienna, if you're flying within Europe, fly into Salzburg.

From the airport, either rent a car or take a train to Traunkirchen, Austria, where we will pick you up.

More details on travel when you RSVP



## YOUR HOSTS



### **Michael Paula**

Catalyst,  
Earth Wisdom Guide

Born and raised in Vienna, Austria, the early years of my professional life had been quite conventional. With a degree in Industrial Engineering I started to work at the University of Technology in Vienna as an Assistant Professor in the field of leadership and organizational theory. I did my Dissertation on planning methods in the consultancy business. Over fifteen years I was in leadership positions in large international organizations like Austrian Industries and Siemens. I became self-employed in 2001, focusing my work on creativity, leadership and cultural change. Some major clients I have worked with, supporting them in transformational shifts and leadership development have been Siemens, BASF, Deutsche Post, City of Vienna, Daimler, Syngenta.

It was at the turn of the millennium that I first met my teachers from the Ehama Institute (New Mexico), who introduced me into an ancient body of wisdom that opened up a new world for me – a world of reconnection, to myself, to others and to the Earth. During my training with them for almost seven years I encountered profound insights, but also learned the power of ancient designs and tools that are more than adequate for personal and organizational development, based on a profound shift in consciousness. More than ever my passion is to blend ancient Earth Wisdom with modern approaches - in service to individuals and organizations to discover their purpose and release their creative potential.

I am a husband, father of two children and grandfather of two grandchildren. I live in a village near Vienna and close to nature. When I am not working I am finding inspiration and joy being out in nature, making music or having fun with family and friends.



### **Marc Mertens**

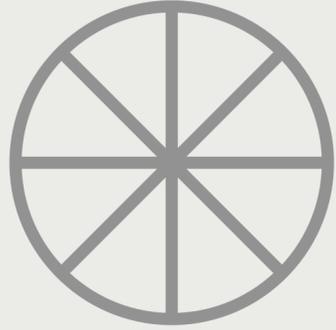
Founder of A Hundred Years,  
Host

I was born and raised in the foothills of the Austrian Alps and I spent the past two decades in California where I was able to gain a deep and direct experience of what I believe to be key skills for the 21st Century: thinking long-term and imagining what's possible. I've found that visionary leaders from Silicon Valley to the entertainment industry hold an innate ability to shape audacious visions of the future that inspire people to bring them to life.

As the founder of A Hundred Years, I've had the privilege of working with large corporations, early-stage social enterprises, NGOs and foundations to challenge existing models to connect purpose and profit. We have been tasked to tackle challenges as diverse as distilling complex scientific concepts into engaging public experiences for NASA's Space Telescope and Smithsonian's Tropical Research Institute; helping shape the future of education with TED, and Brian Greene's World Science University; creating a large-scale activation of public space that brought over 250,000 visitors to an immersive art experience on Santa Monica Beach and to work with global brands like Mattel on an organization-wide transformation to bring purpose to the very heart of its operation.

I'm a consummate optimist who believes in our collective potential to create a beautiful future and I've dedicated my life to finding and sharing new ways to connect leaders and organizations with purpose so they can begin to shape that future. I've been able to learn these tools from design leaders like Bruce Mau and most recently in the Ehama Institute's Evocative Leadership Mastery Program. The program created a powerful bridge between ancient wisdom and our modern day experience that increasingly calls for innovation, agility, transformation, purpose, balance and vision - and had a profound impact on my life, my business and the integration of both.

## ABOUT THIS WORK



Our daily lived experience has completely shifted over the past two centuries, but human nature at our core has not. We are still wired by the same timeless principles of what it means to be at our best, to live balanced lives that allow us to reach our fullest potential.

The methodology of this retreat is deeply rooted in nature as our teacher, building upon the old Earth Wisdom traditions of the native American people. This indigenous wisdom is about life itself and about the role of human beings in connection with each other and nature.

We all carry 8 intelligences within us that are key to living a fulfilling life, but not all of them have been fully understood and cherished by our modern society. These 8 intelligences are what the world and society need most now to overcome the daunting challenges facing our uncertain future. The 8 intelligences teach us how to:

Unlock our creativity and ability to innovate

Find new clarity and decisiveness

Step - and lead people - into the unknown

Find our purpose and direction in life

Hold bold dreams for the future

Build sustainable and regenerative systems

Tap into full presence

Shift and transform